

Secondary



Communicating



1. Connecting and engaging with others

I can ask and respond to simple, direct questions.

I am an active listener; I can support and encourage the person speaking.

I contribute to conversations and can ask thought-provoking questions to further my understanding.

2. Focusing on intent and purpose

I can communicate to share information, or connect with others.

I can choose an effective way to share or present information, based on my intentions.

I can communicate for an intended purpose (e.g. teach, entertain, influence, inspire), and adjust my approach based on self-reflection and audience feedback.

3. Acquiring and presenting information

I can understand and share information about a topic that is important to me.

I can present information clearly and in an organized way.

I can use a variety of sources and provide a thoughtful analysis using images and words.

I can present information and ideas to an audience I may not know.



Collaborating



1. Working collectively

I can listen respectfully and cooperate with others.

I can work in a group to achieve a common goal; I do my share.

I can monitor progress of the group and assist where needed.

I can step outside my comfort zone and work with unfamiliar groups.

2. Supporting group interactions

I can share my ideas and help others to share their ideas, too.

I recognize that there are different points-of-view and I can disagree respectfully.

I value diverse perspectives and provide space for everyone's voice to be heard.

3. Determining common purposes

I can work with others to achieve a common goal.

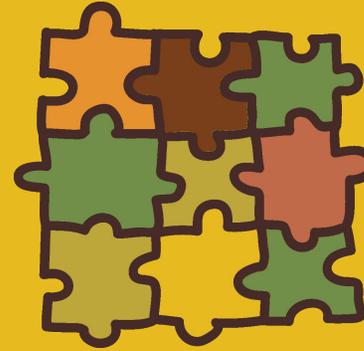
I can plan with others and adjust our plans, according to the group's mission.

I give, receive, and act on constructive feedback to help reach our goals.

I can summarize key ideas and identify the ways we agree (commonalities).



Creative Thinking



1. Creating and innovating

I **get** ideas when I'm creative. My ideas are fun for me and make me happy.

I **can** get ideas, or build on other people's ideas, to create new things or solve a problem.

I **generate** new ideas as I pursue my interests.

I **get** ideas that are new to my peers, or provides a new perspective.

I **can** develop a body of creative work over time in an area I'm interested in or passionate about.

2. Generating and incubating

I **get** ideas when I use my senses to explore.

I **can** use my imagination to come up with new ideas, or build on others' ideas.

I **deliberately** learn a lot about something (e.g. by doing research, talking to others or practicing) so that new ideas pop into my head.

I **have** deliberate strategies for quieting my conscious mind (e.g. walking away for a while, doing something relaxing, being playful) so that I can be more creative.

I **have** interests and passions that I pursue over time.

3. Evaluating and developing

I **make** my ideas work or I change what I am doing.

I **can** usually make my ideas work if I keep playing with them.

I **build** the skills I need to make my ideas work, even if it takes a few tries to do so.

I **reflect** on my experiences, and attempts, and use it to direct my future work.

I **have** a growth mindset, and can persevere over years if necessary to develop my ideas.



Critical & Reflective Thinking



1. Analyzing and critiquing

I can show if I like something or not.

I can identify criteria that I can use to make simple judgments.

I can reflect on and evaluate my thinking, work, and actions.

I can examine my own assumptions and beliefs, and consider different perspectives.

2. Questioning and investigating

I can explore materials and actions.

I can ask open-ended questions to gather information.

I can consider more than one way to proceed in an investigation.

I can evaluate and use credible sources of information.

I can tell the difference between facts, interpretations, opinions, and judgments.

3. Designing and developing

I can experiment with different ways of doing things.

I can develop criteria for evaluating design options.

I can monitor my progress and adjust my actions to achieve **what I want**.

I can make choices that will help me create my intended impact on an audience or situation.

4. Reflecting and assessing

I can share about something I have learned.

I can create goals for myself, or as part of a group.

I can give feedback to others, and act on feedback I have received.

I can analyze my work and determine the extent to which I have met my goals.



Personal Awareness & Responsibility



1. Self-advocating

I can show a sense of accomplishment and joy.

I can express my needs and wants, and celebrate my efforts.

I can advocate for myself and my ideas.

I can imagine and work toward change in myself and the world.

I take the initiative to inform myself about controversial issues.

2. Self-regulating

I can sometimes recognize emotions.

I can use strategies that help me manage my feelings and emotions.

I can persevere with challenging tasks.

I can implement a plan, monitor progress, make adjustments, and assess the results.

I can take ownership of my actions, goals, and learning.

3. Well-being

I can participate in healthy activities and say how they support my well-being.

I can take some responsibility for my physical and emotional well-being.

I can make choices that contribute to my well-being and keep me safe in my community, including online communities.

I can use strategies to find peace in stressful times.

I can sustain a healthy and balanced lifestyle



Positive Personal & Cultural Identity



1. Understanding relationships and cultural contexts

I can describe my family and community.

I can identify different groups that I belong to.

I understand that my identity is influenced by many aspects (such as life experiences, family history, heritage, peer groups).

I understand that learning is continuous and my concept of self and identity will continue to evolve.

2. Recognizing personal values and choices

I can say what is important to me.

I can describe some of my values.

I can explain my values and how they affect choices I make.

I understand how my values are influenced by my life experiences.

3. Identifying personal strengths and abilities

I can identify some of my individual characteristics.

I can describe how my characteristics, skills, and interests make me unique.

I can reflect on my strengths and identify my potential as a leader in my community.

I understand I will continue to develop new abilities and strengths to help me meet new challenges.



Social Awareness & Responsibility



1. Building relationships

I can work or play cooperatively with others.

I can share my feelings respectfully and be a thoughtful and supportive friend.

I am aware of how others may feel and take steps to help them feel included.

I build and sustain positive relationships with diverse people, including people from different generations.

2. Contributing to community and caring for the environment

I can be helpful and kind to others.

I can participate in activities to care for and improve my surroundings.

I can contribute to group activities that make my classroom, school, community, or world a better place.

I can advocate and take thoughtful actions to influence positive, sustainable change, in my communities and in the world.

3. Resolving problems

I can solve some problems myself and can ask for help when needed.

I can identify problems and compare potential problem-solving strategies.

I can identify different perspectives on an issue, consider alternatives, and reflect on strategies.

I can clarify problems, come up with multiple strategies, weigh consequences, compromise to meet the needs of others, **and evaluate actions.**

4. Valuing diversity

I can listen to others' ideas or concerns.

I can explain why something is fair or unfair.

I can demonstrate respectful and inclusive behaviour, and can advocate for others.

I take action to support diversity and defend human rights, and can identify how diversity is beneficial for the communities I belong to.

